



GET OUTSIDE IN CONTRA COSTA COUNTY!

Ready to get outside and enjoy the beauty of Contra Costa County? Our county is home to over 1,200 miles of trails and parks alongside the Delta and Bays, offering recreation options for everyone. Whether you get outside and enjoy our County by land or by sea, let's work together to keep it clean!

Hit the Trail

With so many trails throughout the County, there's a hiking option for everyone. East Bay Regional Parks District offers **short-loop hikes** accessible for senior citizens, persons in wheelchairs, parents with small children or strollers, or for anyone looking for a quick jaunt in nature. Looking for a challenge? Check out the database of **rugged trails** to get your heart racing with steep climbs and panoramic views of our waterways. Whether you're out for a stroll or testing your limits, help keep our trails clean – always pack out your trash and pick up any litter you see to prevent pollutants from making their way into our waters.

Camping

Summer calls for s'mores! Find a perfect County camping adventure and immerse yourself in nature for a weekend. Find family-friendly campsites, group sites, backpacking sites and even equestrian camping options with fees as low as \$25 per night. If you're camping in Contra Costa County, be sure to tarp your load on your way to your campground. If not properly secured, large debris can fall from your vehicle and pose a hazard to motorists and our waterways. Not sure how to tarp your load? Check out **our tips and tricks**.

Earn Your Sea Legs

Contra Costa County has activities for everyone when it comes to outdoor recreation, on land and at sea! There are multiple ways to enjoy the waters surrounding our county including kayaking, surfing and paddle boarding. Not sure where to start? The San Francisco Bay Area Water Trail offers a helpful guide **here**, offering classes and excursions near you.

No matter how you enjoy the beauty our County has to offer this summer, we can all work together to keep our local waters clean and enjoyable. Visit www.cccleanwater.org for more information and tips to help protect our waterways!