



## SUMMER FUN IN CONTRA COSTA COUNTY

Summer's here and it's the perfect time to get outside and enjoy beautiful Contra Costa County! Our county is home to over 1,200 miles of trails and hikes that cross paths with the Delta and Bays. Whether you enjoy spending time out on the water or on land, there is an activity for everyone. This month we share ways to enjoy your summer and keep our county litter-free through small actions. Let's dive in!

### Take a Hike

Ready for a new trail to hike? East Bay Regional Parks has you covered! East Bay Regional Parks District offers [short-loop hikes](#) accessible for senior citizens, persons in wheelchairs, parents with small children or strollers, or anyone looking for a comfortable walk. Interested in a challenge? Check out the list of [challenging hikes](#)! EBRPD "challenging hikes" generally have a significant elevation gain of 1,000 feet or more, are 6 – 20 miles or more in length, and take 4 – 8 hours to complete. Whether you're out for a stroll or testing your limits, help keep our trails clean—always pack out your trash and pick up any litter you see to prevent pollutants from making their way into our waters.

### Tarp Your Load

Long summer days mean more time for camping and fishing. However, these recreational travel and activities mean more opportunities for litter and other pollutants to enter our waters. If you are traveling with a lot of camping gear or other cargo, properly secure the load to prevent your items from tumbling into our roadways. Not only could you cause an accident, but stormwater picks up debris and carries it into our creeks, rivers, and eventually our oceans.

### Pick Up Pet Waste

If you plan to bring your furry friend along for your summer fun, make sure to pick up after them. Leaving pet waste behind isn't just gross, it's harmful to our waters! Stormwater picks up pet waste and sends it into the storm drain, where it makes its way to our local waters—untreated. Yuck! When you're walking your dog in your neighborhood or on our trails in Contra Costa County, be sure to always pick up after your pup and dispose in the trash to keep our waters clean and safe.

No matter how you enjoy the beauty our county has to offer this summer, we can all work together to keep our local waters clean and enjoyable. Visit [www.cccleanwater.org](http://www.cccleanwater.org) for more information and tips to help protect our waterways!