



## CLEAN BEACHES = CLEAN WATER

September is a month full of opportunities for you to get involved in the Contra Costa Community. From celebrating Labor Day weekend outdoors with loved ones or hitting the local waterbodies to participate in a coastal cleanup, there is an event for everyone!

### National Indoor Plant Week

What is National Indoor Plant Week? It's a week-long celebration, from September 12th- 19th, that everyone can join. This week is dedicated to sharing the value of live indoor plants which include cleaning the air we breathe, improving the morale of your workplace environment, and connecting us to the outdoors! Having live plants in interior spaces is also proven to reduce stress. Join in on the benefits by collecting a few new plants for your home. The investment is minimal, and the rewards are enormous!

### Wildcat San-Pablo Creeks Tour

This month we would like to highlight the Wildcat San-Pablo Creek Watershed Council. The council provides a collaborative forum for planning among various agencies, citizens groups, and individuals and is a resource for those who seek ways to improve local creeks. Join them September 16th at 10:00 am as they share events and information relating to the Wildcat Creek and San Pablo Creek watersheds.

### California Coastal Cleanup Day 2021

This month is host to International Coastal Cleanup Day, and our community continues to work towards keeping our local waters clean and protected. Litter and pollutants travel from local parks, streets, and neighborhoods into our creeks, rivers, and ocean. We take this time to encourage volunteers to collect pollutants before they enter our waters. You can join in by participating in California's Coastal Cleanup Day on September 18. Our partners are prepared to make an impact and need your help, see below for volunteer opportunities near you.

- East Bay Regional Park District - Martinez Regional Shoreline | 8:30a-12:00p
- City of El Cerrito - El Cerrito's Creekside Park | 10:00a-12:30p
- City of Orinda - San Pablo Creek | 9:00a-12:00p

Visit <https://www.coastal.ca.gov> for additional volunteer groups in your area, as well as tips to help you keep waterways clean in Contra Costa County.

Not ready to head outside? That's okay! Simply clean up your neighborhood or a beach near you, and log your findings with the [CleanSwell](#) app!

All litter travels, so picking up trash and other pollutants in your neighborhood can still make an impact in keeping our waters clean. Visit [www.cccleanwater.org](http://www.cccleanwater.org) for more ways to make an impact in the quality of our waterways!